



# Show your pets you care Be Tick Aware



Ticks are an increasing problem in the UK, Ireland and abroad. Tick bites can:

- Cause irritation and allergic reactions
- Lead to abscesses
- Transmit diseases to you and your pet (such as Lyme disease)

# Can you tick the box?

I know how to safely remove a tick

I can recognise possible signs and symptoms of tick-borne disease



# Protect yourself too:

#### Know where to expect ticks

Rural and urban areas with good ground cover and diverse wildlife (birds, hedgehogs etc) can pose a potential risk.

#### Use a repellent

Tuck your trousers into your socks or wear gaiters

#### Do the tick check

A thorough check of your pet's body (and yours) will help to spot ticks. The longer the tick is attached and allowed to feed the higher the risk of disease infection.

### Safe tick removal

Never squeeze the ticks's body, burn, freeze or smother it in substances such as petroleum jelly, spirits or oils. This is thought to induce back flow of infective agents.

#### Travelling abroad with your pet

Make sure you know the tick-borne disease risk in the local area and the symptoms to be aware of.

# Remove ticks quickly and easily with a Tick Twister® Available Here

